

# LIFE IS BETTER



## WHEN YOU LINE DANCE!

**Line Dancing** is moving in unison to different types of music with guided dance steps. No partner needed!

**Line dancing** is a fun workout for the body and the brain.

The Ocean Hills Line Dance Club offers classes at 3 skill levels. We are lucky to have Christine Alesiani, a professional fitness and line dancing instructor at the Golden Door Spa and other local fitness centers, as our instructor.

### LINE DANCE CLASS SCHEDULE

**Level 1 (Beginner)** - Tuesday, 10:30am to 11:30am, is \$5 for 60 minutes of instruction.

**Level 2 (Improver)** - Monday, 12:30pm to 2:00pm, is \$7 for 90 minutes of instruction.

**Level 3 (Intermediate)** - Tuesday 12:00pm to 1:30pm, is \$10 for 90 minutes of instruction.

Try Line Dancing out! You can attend two classes (each class for the fees listed above) before becoming a member. **Annual Membership Dues \$10.**  
Questions? Contact Drora Oren at 801-673-0140

*To join in the fun, complete the form below and give it, along with a check for \$10.00 made out to Line Dance Club, to the receptionist at the Front Desk of the Clubhouse.*

### LINE DANCE CLUB

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

New \_\_\_\_\_ Renew \_\_\_\_\_ Check #\_\_\_\_\_

#### OCEAN HILLS LINE DANCE CLUB DISCLAIMER

I accept full responsibility for myself and for the use of any and all physical services whatsoever supplied by the Line Dance Club.

I perform all dances at my own risk and shall hold the Ocean Hills Line Dance Club and officers harmless from any and all loss, claim, injury, damage or liability sustained by me resulting therefrom.

After reading the above statement, please date and sign your name on the bottom of this sheet and return it to the Line Dance folder at the front desk.

Thank you,  
Ocean Hills Line Dance Club

SIGNED: \_\_\_\_\_ DATED: \_\_\_\_\_